BRINGING EDUCATION AND EMPOWERMENT TO REMOTE RURAL INDIA

1,02,091 SCHOOLS | 27,82,419 STUDENTS

WE HAVE ACHIEVED MUCH, BUT THERE'S LOTS MORE TO DO.
Youth are the back bone of a Nation. The future of the society is in their hands. Therefore, they should get involved in the well – being of a Nation through their service. It is important to channelize their intelligence and skills into positive areas.

With the aim to involve the youth - the creative hands that can shape the future of the nation, THE NATIONAL Launch of Ekal Yuva under the umbrella of Ekal Abhiyan was held on the 25th October, 2018 at Indore in the gracious presence of Hon'ble Defence Minister (2018) Mrs. Nirmala Sitharaman.

In a house full auditorium in front of 1000 viewers.
Mentors Matter

The thread that binds us together, is the desire to see a strong Nation, replete with the values of honesty and hard work.

Yearning for a powerful nation.
Uplifting the underprivileged.
Vision: Sharing this vision.
Access to the vast opportunities.
THIS SYMBOLISES EKAL YUVA.

Leaders require the ability to build relationships at all levels, to motivate and provide direction. To be successful as a leader it is vital that you understand how you are perceived, and appreciate the impact your leadership style has on other.

You have all displayed these skills amply, in the successful programmes and initiatives undertaken by the different circles.

Continue on this journey and see the fruits of your work.

May God Bless You
Nayantara Jain
National Mentor

“ It is an honour and a privilege to mentor a handpicked group of upright and patriotic citizens of our country. ”
VISION : EKAL YUVA

India, having the largest population of youth, needs the collaboration and combined efforts of urban and Ekal youth to achieve the highest goals of Emergent India.

Engage : Foster and promote peer engagement between youth teams in urban and rural/tribal areas of Ekal.

Diverse activity based frameworks and programs that leverage the special energy of the youth are the effective ways to engage both urban and rural youth.

These will break barriers and biases that inhibit them. Mixing freely and exchanging experiences and ideas will boost their morals. Thus, strengthening the invisible bond that binds Bharat. This will open many avenues of collaboration, new ventures and progress.

Influence : Urban youth can be the most powerful and effective peer influencers for rural youth and vice-versa.

They can influence youth in Ekal villages to realize the importance and take pride in the enviable riches they have such as natural resources, cultural and traditional values, native wisdom, rare knowledge of herbs etc.

These riches of healthy lifestyle, chemical free food, mental peace are what youth in cities are trying to find and acquire through turning to agri-based investments for healthier food options, acquiring land holdings away from the city to find quieter living spaces, adopting alternate i.e. sustainable lifestyle choices (veganism, growing and consuming locally produced organic eatables etc.

Whereas urban youth can share their knowledge of technology and ideas to motivate, energise, educate and train them to realise their hidden potentials.
Innovate: In this phase, the influences are translated into avenues that bring about self-reliance, pride in workmanship and entrepreneurship.

The time is now ripe for collaboration and cooperation between urban and rural; India and Bharat; to visualise their dreams into action plans powered by their adventurous and innovative mind-set.

This partnership between rural and urban youth can be a game changer in building the Bharat of tomorrow.

Villages can be transformed into vibrant hubs of progressive new ventures and urban areas influenced towards gentler, sustainable life choices by ideating together to identify innovative business ideas rooted in sustainable Ekal life-style and principles.

As a result the out flow from villages will take a u-turn and the riches of Bharat will be preserved and spread to India.

At the end of the day everyone wants happiness. And happiness by making someone else happy is the highest rank of happiness.

With best regards,

Manjushree
I became a part of this revolutionary organisation when I was just a child and probably didn’t even understand the magnitude of work being done by ekal and the impact it may have on our country.

The story that I remember so vividly even today about ekal is what keeps the fire inside me burning!

In one of the remote villages of Orissa, in a hut which occupied 5 women, only one woman would come out of the hut at a time. The reason being they had only one saree to share amongst each other to cover their body decently. How could such poverty exist? It seemed unreal to me. But it was a reality check for all youngsters like me and you who can afford branded clothes to no end.

Since then Ekal is the platform for me to not help the underprivileged but to perform my duty towards my nation. I call upon the youth of the country today to pledge to serve Bharat Mata and show your gratitude to your country. Let the Yuva energy come together to build a new prosperous India.

Ekal Yuva the youth wing of Ekal Abhiyan, launched on 25th October 2018, by the then Defence Minister, Smt. Nirmalaji Sitharaman. Today we have spread across 12 cities in India and have been able to create a strong national team. Looking forward to a fulfilling journey with Ekal!

“Ekal Yuva is today’s Arjun and,
Shyamji is our Krishna giving us direction along with
Bajrang ji Bagra as our Hanuman, protecting us.”

Ekal Pranam.
Neha Mittal
National Chairperson
WE CANNOT ALWAYS BUILD THE FUTURE FOR OUR YOUTH, 
BUT WE CAN BUILD OUR YOUTH FOR THE FUTURE.

We all Yuva’s were Inspired, Guided, by the words of our mentors
under the leadership of national chairperson, Neha Mittal and all
circle chairpersons who were fully charged, following the path of
Swami Vivekananda, “Uttho, Jago aur tab tak mat ruko jab tak apne
lakshaya ki prapti na ho jaye.”
Initially we started with many orientation programs to add new members and new circles endeavouring to join with us, more people in this noble cause. Gradually we started spreading our wings with many events, competitions to promote volunteering for the cause of rural and tribal development.
Mumbai team’s association with ZEE CINE AWARD gave us a great media coverage.

“THE STARS SPOKE AND POSED WITH THE EKAL TEAM AND CHILDREN AT THE RED CARPET OF ZEE CINE AWARDS, 2019 WHERE EKAL WAS THE CSR PARTNER.”
NEWS AND EVENTS

PARTICIPATION IN LOTS OF EXHIBITIONS

WORKSHOPS FOR WOMEN EMPOWERMENT

- BANGLE MAKING
- PAPER BAG MAKING
- ORGANIC VEGETATION

CARRIER COUNSELLING FOR YOUNG GIRLS

VAN YATRAS AND LEARNING YATRAS FOR UNIVERSITY STUDENTS
NEWS AND EVENTS

ANNUAL MEETING
EKAL YUVA AT MUMBAI

Indore team wall painting event had spread the colours of awareness in the Indori walls
NEWS AND EVENTS

CHARITY MOVIE SHOW “LION KING”

ABHIGYAN

More than 5000 students form colleges and school were sensitised by Indore team by organising many competitions and presentations.
NEWS AND EVENTS - NATIONAL EVENT

ACTIVITIES DURING PANDEMIC LOCKDOWN

We posted 21 learning/skilling videos by members on varied topics.

Shloka and story telling sessions to promote Indian culture among children.

Ekal-A-Chalo… virtual marathon

#Lockdown Learnings

EKAL A CHALO... VIRTUAL MARATHON
where 3000 people registered and we collected a sum of over 12L and donated around 3000 PPEs across the country. We were endorsed by WHO Chairperson, Dr. Harsh Vardhan Ji, BJP Gen Sec. Shri Kailash Vijayvargiyaji and many more known personalities from 10 different cities. On the day of the event online sessions like eye care, dental care, self defence, psychological health, yoga etc were done live on Instagram.

Ambassadors of Ekal A Chalo

10000 mask distributed in village’s Ratlam Anchal and Khandwa anchal. Donated 100 PPE Kits to GOVT Hospital in Indore.

600 PPEs given to Commissioner Office, Hyderabad - this is from fund raising event done Ekal A Chalo.
**NEWS AND EVENTS - NATIONAL EVENT**

**Ekal...A...Chalo**

Virtual Run For Warriors

**LIVE SESSIONS - 30TH MAY 2020**

- Ms. Vini Scotty
  Yoga Coach
  Power & Heart run
  relaxation and exercises to train respiratory muscles.

- Ms. Moni Bai
  Fitness Trainer
  Self-defense against domestic violence.

- Dr. Kiran Singh
  Dentist
  Dental care during lockdown.

- Dr. Aamir Ahmad
  D.P.T.
  SPECIALIZE IN CHILD DEVELOPMENT, BUKH (USA)

- Ms. Mahiti Gokhle
  Clinical & Sports Dietitian

- Ms. Rashmi Shewale
  Dance & Fitness Trainer
  Goa Style session.

- Ms. Karishma Depka
  Nutrition/Weight Coach
  Healthy yourself with the Time Natural elements.

- Dr. Aarti Agrawal
  Physio M, MIA, TCA, FCE
  Healthy eyes this lockdown.

**Thank you for Making**

Ekal...A...Chalo Virtual Run For Warriors

A Grand Success

Chairperson Ms. Neha Mittal with Star Performers of the event Ekal...A...CHALO Virtual Run For Warriors.
**Ekal Yuva Grand Chef Contest : Fund Raising Event.**
A tremendous sight with the little chefs cooking and making bonds with their grand parents.

**Online Story Telling Workshop** to cultivate good values in children, the future of our nation. The story teller for the event was Shanu Mehta, the co-founder of MMC Convert.

**Giving Back To Society**, a distribution of 1000 caps to the migrating labours with an aim to protect them from harsh sun during their journey to their home.

**Ekal Turncoat Debate Competition** : An objective of promoting the art of debating in today’s youth. The young participants from all over India spoke out their heart for the development of rural India. Mrs. Nayantara Ji Jain and Mrs. Shweta Khandelwal graced the event by their presence as the judging panel.

**Ekal Online Drawing Competition 2020** : A great success in spreading awareness about the novel coronavirus pandemic and its do's and don't's moreover we were enriched with the 150+ entries from all corners of India.
NEWS AND EVENTS MUMBAI 2020

JUNIORTHON: In Juniorthon we were charity partners for the event. Got 25 students for Wada village to participate in the run. Had Shania NC as the chief guest form our end, It had around 4000 students participants and our flyers were sent to everyone with the forms.

EDUABOARD: We have a tie up with them for awareness programs and internship programs. We went to the institute to give our presentation to the students enrolled with them. Did a fundraiser with them for solar lamps for our Ekal schools. We managed to get 90 Solar Panels Batteries and LED Bulbs.
**NEWS AND EVENTS SURAT 2020**

**Ekal cricket league** with an objective to add more members. this event was a great success with more than 100 people participating in the tournament.

**Van yatra** with more than 60 students of 11th and 12th standard.

**Van yatra cum picnic** which was a 2 day visit to songadh with an objective to make the youth aware about the work by ekal.

**Ekal Josh, a musical evening program** with a strength of over 300 people in a house-full auditorium of surat.

**SAKSHAM VARG KARYAKARTAS** from various anchal and sanch attended the 10-day-event, staying at surat had given training on basic functions of computers which included MS word, Excel, Power Point Presentation, use of Internet and social media.
NEWS AND EVENTS HYDERABAD 2020

A presentation in front of more than 200 people at Liberty Rotary Event with an aim of creating Ekal awareness.

A Presentation by Shri Ramesh Ji Jain before 200 Youth - The Young Indians.

PRESENTATION AT AGRAWAL SHIKSHA SAMITI FOR STUDENTS.

BROCHURE DISTRIBUTION AT KBR PARK AND PUBLIC GARDENS.

EXHIBITING AT HOTEL FERN ROTARY EVENT WHICH CREATED EKAL AWARENESS AMONG 300 PEOPLE.
**Ekal Voice**: A singing competition where the participants have to sing a song and upload it to Ekal FB page. Priyanka Vaidya & Sudeep Ji Bhol were ambassador & Judge for this event. 4200 people where added to the fb page.

**One School One Donor**: Adoption of one school either on Birthday or Anniversary. During lockdown got confirmation from 27 such donors for Rs.22k each.

**Ekal Kavya Sandhya with Dr. Kumar Viswas** - Along with FTS Bangalore Chapter, we were able to make this a very successful event. After this event we got more than 30 donors who adopted 5 schools each.
A session by Shri Pundari Goswami Ji to inspire youth and guide them to live with the elders in society followed by Bhagwad katha.

International Yoga day: A Online session by Yoga guru Yuvika Dhar for all age groups emphasising on importance of yoga in the family.

Ekal Cricket League
An indoor evening activity to increase awareness.

Sujok Therapy

EKAL PICNIC: 130 people went for a day outing at Ekal Prashikshan Kendra

VANYATRA IN ASSOCIATION WITH ROUND TABLE INDIA AND LADIES CIRCLE.

ONLINE SESSION BY IG POLICE CRPF MR. SANKARAN ON ROLE OF YOUTH IN NATIONAL BUILDING.
Hands on Mom and me:
A Mindful session for moms and Art and craft for kids.

OBJECTIVE : Ekal's Awareness in the city and membership drive.

Mask making : Distribution of free mask wherever required and selling them as well at City through social media. Total 9000 plus masks been manufactured out of these 5000 distributed free and 4000 sold out.

Medical Camp : a camp was organised at our IVD center Chaka as a part of our Aarogya activity, 300 + patients being benefited by the camp.

Psychological counseling workshop by captain Purnima Bhaskar to connect with and help our Aarogya sevikas.
NEWS AND EVENTS RANCHI 2020

ORIENTATION PROGRAM FOR 15 MEMBERS BY THE NATIONAL CHAIRPERSON NEHA MITTAL FOLLOWED BY MANY VAN YATRAS.

NEWS AND EVENTS BHOPAL 2020

Under The Guidance Of National Chairperson Neha Mittal, The Bhopal Circle Participated in Ekal-a-chalo virtual run with a strength of 42 participants and had given active backend support for the run.

Planning and presentation of sholk session.

Participation in social media dives for Ekal Yuva Bharat.

Webinar of Shree Yashwant Deshmukh.
मायाजाल

ये सुर्ख लाल अम्बर पे कौन सा सवाल है
बहती है बयार जहाँ, ये कौन सा उबाल है।

श्याम वर्ण हो चले, थक नैन मेरे झुके,
धरती के वक्ष पे, पान करता ये कौन सर्प नार है।
आँधी वेग और प्रबल, मेरे पटल पे अब ये अटल,
कपाल पे उन्माद में, हर नार मजधार में,
देव सूर्य का क्रह, या ये शिव का निनाद है।

है तांडव खूब कर रहा, ये कौन सा बवाल है।
मृत्यु है अटल अगर, तो तू क्यूं पल पल रहा यूँ मर,
ये जीवन है सत्य अगर, तो क्यूं ये हाहाकार है,
उसने सृष्टि का किया सृजन वो ही मेरा चितकार है।

वही आएगा अभी, वही छा जाएगा अभी,
मुक्त होंगे पीढ़ा पिंड, सम्पूर्ण होंगे अरविंद,
ये लाल सुर्ख मेघ तो मेरे अन्तस की पुकार है।
ये लाल सुर्ख मेघ तेरे मेरे अन्तस की पुकार है।
ये कौन मायाजाल है, ये कौन मायाजाल है।

-बावा।
Ekal Vidyalaya
Pansamal
Students

"Gt!"

Honble. Defence Minister
85-10-18

Very impressed by the teacher-student connect and their performance before the audience.

Many good wishes,

Nirmala
25-10-18
The efforts made by various functionaries and volunteers of the Ekal Abhiyan has reduced the impact of novel corona virus in the rural and tribal India. It has also very impactfully made the villagers know and understand about the pandemic and take appropriate actions.
क्या आप युवा हैं?

युवा वह हैं -
जो अनीति से लड़ता हैं।
जो दुर्गुणों से दूर रहता हैं।
जो काल की चाल को बदल देता हैं।
जिसमें जोश के साथ होश भी हैं।
जिसमें राष्ट्र के लिए बलिदान की आस्था हैं।
जो समस्याओं का समाधान निकलता हैं।
जो प्रेरक इतिहास रचता हैं।
जो बातों का बादशाह नहीं बल्कि करके दिखता हैं।

- स्वामी विवेकानन्द

हमारे मार्गदर्शक
abhigyan

RECOGNITION - अनुस्मरण

A perfect name for our
EKAL YUVA’S E-NEWSLETTER
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