

A **Reach to Teach** Virtual Internship Outline 2020

[Flyer with Application Link](#)

Overview

- ❖ Goals - Familiarization with EKAL activities in rural villages, introduction to sustainable farming, tailoring training center, digital literacy training arogya, EKAL schools, and tablet usage.
- ❖ Virtual visit to ekal villages by Zoom daily . Overview and insights into integrated village development (IVD). In depth tour of IVD center at Parasnath and Shikharji Sanch in Jharkhand , India
- ❖ Provide opportunities for participants to start initiatives catered to specific aspects of village life through interfacing with relevant village team of acharya, sevika sanch pramukh and IVD manager.
- ❖ Overall, A Reach to Teach Online seeks to provide high school students with a better understanding of EKAL's contributions to life in rural India and to empower them by interaction and continue support virtually in months ahead in various aspects making impact by connecting youth and young women of villages to achieve self reliance.

Structure

- ❖ December 20th to December 29th 2020
- ❖ Location : Parasnath and Shikharji sanch IVD in Zarhkund, India
- ❖ 3 Groups of up to 5, led by
 - Paranshu Shah
 - Sam Kadaba
 - Ajay Bhargava all past interns in 2019
- ❖ Cost: \$250 per intern to make this internship possible by providing
 - Transportation for acharya and sevika of nearby villages
 - Mobile purchase and use with connectivity
 - Experienced person to arrange for live streaming daily from 3 places
- ❖ Standard Tour Meeting Time

- Daily 90 minutes tour with zoom
- First 45 minutes with a village tour on the first day and then project in villager's homes or special activities like sport in the field or soak pit or wall painting .
- Next 45 minutes with ekal school interaction with particular aspect
 - A Reach to Teach Journal will be kept by each intern and can be written in during this time
- ❖ Additional Meeting Time possible daily
 - Allotted time (based on above schedule) for meeting as large group to discuss both prior to and after visiting certain places
 - 3-4 pm EST, 2-3 pm CST, 12-1 PST

Protocol

- ❖ Each group will come together for a 90 minute intro session during each activity
 - Local team will guide each group
 - Translator on ground will be helpful to interact
 - Ekal Yuva will be joining and helping with this task.
- ❖ Each Group will separate with separate screen shares during virtual interaction. They will answer questions .
- ❖ No breakout sessions while interacting with India during those 90 minutes.

A Reach to Teach Virtual Internship Schedule:

Date	Time	Activity Planned
12/20/2020	3-4 pm EST	Becoming acquainted with all interns
12/20/2020 12/21/2020 (in India)	10:30-12 pm EST, 9-10:30 am IST	Discovering the first EKAL school and visit of a village by zoom .
12/21/2020	3-4 pm EST	Group Discussion

12/21/2020 12/22/2020 (in India)	10:30-12 pm EST, 9-10:30 am IST	Have a first youth interaction on the playground. Second interaction with ekal kids with an activities (Pre planned)
12/22/2020 12/23/2020 (in India)	10:30-12 pm EST, 9-10:30 am IST	Talk with self-sustaining farmers - nutritional gardens in village Third day with kids with singing and music activities.
12/23/2020 12/24/2020 (in India)	10:30-12 pm EST, 9-10:30 am IST	Discuss Tailoring Center main and then visit satellite self help group in village
12/24/2020 12/25/2020 (in India)	10:30-12 pm EST, 9-10:30 am IST	Seeing second EKAL school and unique activities with them like craft.
12/25/2020	3-4 pm EST	Group Discussion
12/25/2020 12/26/2020 (in India)	10:30-12 pm EST, 9-10:30 am IST	EKAL on Wheels Bus this will be in the village and hearing their stories .
12/26/2020 12/27/2020 (in India)	10:30-12 pm EST, 9-10:30 am IST	Organic farming and understanding cow based agriculture and economy.
12/27/2020 12/28/2020 (in India)	10:30-12 pm EST, 9-10:30 am IST	Second village tour and ekal school with

		sanitation activities . arogya sevak session
12/28/2020	3-4 pm EST	Group Discussion
12/29/2020 12/30/2020 (in India)	10:30-12 pm EST, 9-10:30 am IST	Meeting at the main center or a hall with all 3 groups and concluding session at larger gathering in a village or central location . India team decides .

Day by Day Schedule

A. Interaction Days (1-3)

a. Interaction with younger kids

- i. 15 minutes of observing
- ii. 30 minutes interaction (these can be used over multiple days of interaction)
 1. Games
 - a. Online game e.g kahoot
 2. Music/Performances
 - a. Both performances by us and them
 3. Pictorial book
 4. Movies
 5. Educational videos
 6. Arts and Crafts - 2 day project
- iii. End meeting with giving them dates, maybe end with a story

b. Interaction with Older Kids (in the field)

- i. Possibly have pe type of days organized, we can be refs and cheer on teams
 1. Dodgeball
 2. Kickball

3. Volleyball, nukem
 4. Ships and sailors type of games
 5. Kabadi
 6. Langdi
 7. Kho kho
 8. View their archery
 9. View their football (soccer)
 - ii. Computer Interaction
 1. Art contest, using paint
 2. Pictionary
- B. IVD Component Days (4-9)
- a. Nutritional Garden (need translator)
 - i. Talk to the farmers
 1. How they make a living
 - ii. Talk about team/shared tool system EKAL implements
 - iii. Specific crops and practices used to grow them
 1. Fruit Trees
 2. Vegetables
 3. Haldi
 - iv. Drip irrigation
 - b. Tailoring Center
 - i. Interaction & empowerment with the girls of the village
 - ii. Seek to support these programs (back at home initiatives)
 1. Tools and techniques
 - c. Local arts and crafts
 - i. Bamboo artwork
 - ii. Basket weaving
 - iii. Pottery
 - iv. Woodwork/carpentry
 - d. Village Tour
 - i. Infrastructure of a village
 1. House construction, brick, bamboo, etc.
 - ii. Each important building and walkway shown

- iii. Grain drying on the side of the road
- iv. Technology available
 - 1. Solar power water pump and hand pump
- e. Sanitation in the village
 - i. Disease prevention
 - 1. Soak Pit, arogya briefing
 - ii. Immunization "tikka"
 - iii. Session with arogya sevika
 - 1. Home and herbal remedies (osteopathy)
 - iv. COVID Response
 - 1. Role of Yoga & Pranayama (breathing technique)
- C. Presentation to EKAL Team at IVD (Day 10)
 - a. Each day the interns take notes in their journal
 - i. Make a presentation with these notes and present to the EKAL IVD leadership